

Strawberry & Greek Yogurt



Nutrition Facts	
servings per container	(198g)
Serving size	
Amount per serving	
Calories	210
% Daily Value*	
Total Fat 13g	17%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	7%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 0mcg	0%
Calcium 111mg	8%
Iron 1mg	6%
Potassium 87mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

RESEALABLE BAG

42 oz. (2.625 lbs.)-6 Servings per Unit / 6 Units per Case



Ingredients:

Strawberries, Greek Yogurt* (Cultured pasteurized grade A nonfat milk), Almond Butter (Roasted Almonds), Water, Bananas, Kale, Spinach, Monk Fruit, Pure Vanilla Extract, Stevia Natural Sweetener. CONTAINS NUTS, MILK.

- DIRECTIONS -

SMOOTHIE



1. PLACE 7 OUNCES OF CHIPS IN MICROWAVE SAFE CUP. (ABOUT 1 CUP)



2. MICROWAVE ON HIGH FOR 25-30 SECONDS. REMOVE



3. POUR 1/2 CUP IN YOUR FAVORITE LIQUID (ALMOND MILK RECOMMENDED). STIR TIL ALL CHIPS ARE BLENDED AND ENJOY!

BOWLS



1. PLACE 7 OUNCES OF CHIPS IN MICROWAVE SAFE BOWL (ABOUT 1 CUP)



2. MICROWAVE ON HIGH FOR 25-30 SECONDS. REMOVE



3. STIR ADD YOUR FAVORITE TOPPING (CEREAL, GRANAOLA, OATS...) AND FRUITS. AND ENJOY!